

LIVESAFE

SAFETY AND PREVENTION WORKSHOP



STAYING **SAFE** WHEREVER YOU GO NEXT.



PRESENTED BY

Kovars Satori Academy of Martial Arts
7520 Fair Oaks Blvd.
Carmichael, CA 95608
www.kovars.com

FOR AGES 16+

SCHEDULE A **FREE** WORKSHOP TODAY!

As students are heading off to college and the world, this FREE workshop can help you be smart about your personal safety. The premise of Live Safe Training is that there is a lot you can do to minimize the odds of something violent happening to you:

- Recognize and avoid potentially dangerous circumstances
- Know the difference between first and second crime scenes
- Your safety is more important than their feelings
- Learn techniques to immobilize an aggressor
- Escape before you can be harmed



ALERT AWARE EMPOWERED