



Fair Oaks - Madison

Effective March 2, 2020

8526 Madison Avenue
Fair Oaks, CA 95628
916-965-1561

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Academy Hours	2:30p – 8:30p	2:30p – 9:15p	2:30p – 8:30p	2:30p – 9:15p	2:30p – 7:30p	9:00a – 12:00p
JUNIOR CLASSES						
Lil' Samurai	4:15p – 5:00p	3:00p – 3:45p 6:00p – 6:45p	4:15p – 5:00p	3:00p – 3:45p 6:00p – 6:45p	3:30p – 4:15p	10:30a – 11:00a
Junior Beginner White and Gold Belt	3:30p – 4:15p 6:30p – 7:15p	4:30p – 5:15p	3:30p – 4:15p 6:30p – 7:15p	4:30p – 5:15p	4:15p – 5:00p	9:45a – 10:30a
Junior Intermediate Orange through Blue Belt	3:30p – 4:15p 6:30p – 7:15p	4:30p – 5:15p	3:30p – 4:15p 6:30p – 7:15p	4:30p – 5:15p	4:15p – 5:00p	9:45a – 10:30a
Junior Advanced Red through Advanced Brown Belt	5:45p – 6:30p	3:45p – 4:30p 5:15p – 6:00p	5:45p – 6:30p	3:45p – 4:30p 5:15p – 6:00p	5:00p – 5:45p	11:00a – 11:45a
Junior Black Belt	5:45p – 6:30p	3:45p – 4:30p 5:15p – 6:00p	5:45p – 6:30p	3:45p – 4:30p 5:15p – 6:00p	5:00p – 5:45p	11:00a – 11:45a
Junior Black Belt Prep					5:45p – 6:45p	
Demo Team						11:45a – 12:45a
TNT					5:45p – 6:45p	
Birthday Parties						1:00p – 3:00p
ADULT CLASSES						
Teen – All Ranks	5:00p – 5:45p	6:45p – 7:45p	5:00p – 5:45p	6:45p – 7:45p	6:45p – 7:30p	9:00a – 9:45a
Adult – All Ranks	7:15p – 8:15p	6:45p – 7:45p	7:15p – 8:15p	6:45p – 7:45p	6:45p – 7:30p	9:00a – 9:45a
Adult Jiu Jitsu		7:45p – 9:00p		7:45p – 9:00p		

Belt Promotion Times - Thursday	Belt Promotion Times - Friday
All Teens and Adults – 6:45p	Lil' Samurai – 5:30p Junior White through Green Belt – 6:00p Junior Purple and Above – 7:00p



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Students are expected to:

1. Arrive 10 – 15 minutes prior to scheduled class.
2. Pull attendance card after changing into uniform.
3. Keep uniforms neat, clean, and odor-free.
4. Quietly prepare for class (do not disturb the class in session).
5. Always show respect to instructors and students.
6. Always be well-mannered, and behave properly.
7. Attend class on a regular and consistent basis.
8. Make arrangements with instructors for make-up classes.
9. Show proper effort and spirit in the classroom.
10. Practice and exercise at home for better results.
11. Memorize and apply Student Creed.
12. Develop and maintain a positive well-disciplined attitude.